

## TEAM CHALLENGE COURSE

Outdoor Leadership Team Building Event  
Storrs Pond Recreation Area

You will be working in small groups to complete a team challenge course with problem-solving initiatives that require everyone's participation. Each group will be working with an experienced facilitator who will be your guide through the course. We expect the course will be fun for you, as well as challenging, and provide you with an opportunity to learn more about yourself and the people in your group.

The Outdoor Programs Office conducts all its events within the framework of "Challenge By Choice." There will be a variety of possible ways to participate in each activity such as helping to brainstorm solutions, facilitating from an observer's position, and helping to physically execute the challenge. You will not be required to do anything that makes you feel uncomfortable, but we ask for your full participation at whatever level of challenge you choose for yourself.

Expect to be physically active and outside for the entire half-day in whatever weather we are having. A clothing/equipment list is included, to which everyone should pay close attention.

### WHERE TO MEET:

Drive north on Route 10 past the golf course to the first traffic circle and take a right on to Reservoir Rd. at the playing fields - continue straight past elementary school continue on and follow the paved road into the Storrs Pond Recreation Area.

Meet at the large upper parking lot, opposite the green ticket shed, before going down into the Storrs Pond area.

### WHAT TO BRING:

- Long pants—synthetic material is best to protect legs from scratches and sunburn
- Shirt and sweater for protection from sun, wind and cold
- Footwear—running shoes or hiking shoes **NO OPEN TOED FOOTWEAR**
- Windbreaker/raingear depending on the weather
- Hat and/or sunglasses for sun protection
- Snacks

### WHAT NOT TO BRING:

- Valuables, wallet, money, any jewelry.